I find the XM Instant Traffic and Weather service exceptionally valuable. I live in a rural area, but travel frequently throughout the East Coast. The Instant Traffic and Weather service provided by XM allows me to plan travel routes and times and keeps me updated through a single source of information. Slogging through the radio dial in a strange city in heavy traffic is a tedious task -- the service provided by Satellite radio is a comprehensive and safe solution for the frequent traveler. I can not emphasize strongly enough how important it is that this service NOT be removed or restricted.